MARCIA S. NICKOW, PSY.D., CADC, CGP

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ACADEMIC HISTORY

| 0 | Psy.D. Clinical Psychology, The Chicago School of Professional Psychology, Chicago, IL | 2006 |
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| 0 | M.A. Clinical Psychology, The Chicago School of Professional Psychology, Chicago, IL | 2003 |
| 0 | M.S. Human Services / Addiction Studies, National-Louis University, Evanston, IL | 1993 |
| 0 | M.S. Journalism, Northwestern University, Medill School of Journalism, Evanston, IL | 1976 |
| 0 | B.A. Journalism, University of Wisconsin, Madison, WI | 1975 |

LICENSURE AND CERTIFICATIONS

- o Licensed Clinical Psychologist (LCP) #071.008022, Illinois, since 2010
- Certified Alcohol and Drug Abuse Counselor (CADC) #12879, Illinois Alcohol and Other Drug Abuse Professional Certification Association (IAODAPCA), since 1993
- Certified Group Psychotherapist (CGP), American Group Psychotherapy Association (AGPA), since
 2006
- o Certificate, Eating Disorders, National-Louis University, 1993

CAREER HIGHLIGHTS

- O Designed, implemented, and direct an intensive long-term group psychotherapy private practice in downtown Chicago, addressing full spectrum of addictive disorders, trauma (complex, developmental, intergenerational, historical), and multigenerational legacies and family recovery
- Lead 16 weekly ongoing men's, women's, multi-gender, artists/writers, professionals, couples', and clinical supervision groups
- Serve as Clinical and Organizational Advisor (formerly Clinical Director) of a treatment center for addictions, eating disorders, co-occurring disorders, and trauma offering Residential, Partial Hospitalization, Intensive Outpatient, and Outpatient services in Chicago and suburbs. Worked with CEO initially to design and launch the program and presently spearhead an antiracist organizational transformation process, guided by a consultant and antiracist community organizing principles
- o Train clinicians, paraprofessionals, and other staff at a community-based addictions treatment center that serves more than 12,000 people per year, primarily from communities of color in Chicago.
- Worked in inpatient, outpatient, hospital, veterans' hospital, halfway house, forensic, correctional, social welfare, school, homeless drop-in, mobile, and street outreach settings
- O Present at conferences nationally and internationally; topics have included addiction, trauma, multigenerational trauma, systemic racism, collective trauma associated with the COVID-19 pandemic, traumatic re-enactments in organizational life, police and first responder culture, and multicultural issues in law enforcement
- Taught Psy.D. Clinical Psychology and master's level Clinical Psychology and Forensic Psychology courses in addiction, trauma, group psychotherapy, diversity studies, legal and criminal justice issues, and social psychology

- Clinical and scholarly interests include posttraumatic growth after trauma (complex, developmental, intergenerational, historical); vicarious resilience, interpersonal and community violence; cycles of oppression; group and organizational dynamics; and multifamily interventions; and PTSD in veterans, police, and other first responder populations
- Theoretical orientation: Psychodynamic, Group-as-a-Whole, Liberation Psychology, Family Systems, Narrative-Constructivist
- o Earlier Career Background: Journalism, Community Organizing, Social Services

HONORS AND DISTINCTIONS

- 2016 Anne W. Alonso Award for Excellence in Psychodynamic Group Psychotherapy Theory, for coauthored article, "A substance called food: Long-term psychodynamic group treatment for compulsive overeating." Presented at Annual Meeting, American Group Psychotherapy Association, February 26, 2016, New York, NY.
- 1996 Outstanding Community Service Award, Cathedral Shelter Higgins Halfway House, for initiatives in addiction and trauma treatment at a men's halfway house and three-quarter-way house complex on Chicago's Near West Side.
- 1983 Illinois Press Association Award, first place for Spot News Coverage of street gang violence in Evanston, IL.

PUBLICATIONS

- Nickow, M. (December 2021). Book review of A group analytic approach to understanding mass violence: The Holocaust, group hallucinosis and false beliefs by B. Roth. *The International Journal of Group Psychotherapy*. New York, NY: Taylor & Francis.
- Nickow, M. (2021). Twelve steps to recovery from systemic racism: Personal labor for white people. Unpublished working draft prepared in conjunction with antiracism initiatives, March 1, 2021.
- Nickow, M. (Fall 2020). Consultation, Please! *Group Circle Newsletter*, American Group Psychotherapy Association. New York, NY.
- Nickow, M., Schwartz, D., Arseneau, R., & Gisslow, M. (July 2015). A substance called food: Long-term psychodynamic group treatment for compulsive overeating." *International Journal of Group Psychotherapy*. New York, NY: Taylor & Francis.
- Nickow, M., Korshak, S., & Straus, B. (2014). A Group Psychotherapist's Guide to Process Addictions. New York, NY: American Group Psychotherapy Association.
- Nickow, M. (2014, January 4. Republished 2021). "We Shall Overcome...": Transcending Trauma and Thriving Through Group Psychotherapy, *Sober World*. Boca Raton, FL.
- Nickow, M. (2005). From the backstreets to the high road: A portrait of Black survival and resilience: A phenomenological case study. Doctoral dissertation, Chicago School of Professional Psychology. Chicago, IL.

WORK EXPERIENCE

Consultant, F.A.C.E. Race: Fostering Antiracism and Conversations on Equity and Race

2022 - Present

Marcia S. Nickow, Ltd., Chicago, IL

2009 - Present

Psychotherapist – Private Practice - Groups, Couples, Families, Individuals

- O Direct a psychodynamically oriented long-term group treatment program for addictions, trauma, and transgenerational trauma, encouraging patients to "attach" to psychotherapy groups as "cultures of resilience" (Nickow, 2005). De-pathologizing, de-colonizing treatment model emphasizes progressive recovery, posttraumatic healing, trauma integration, and transcendence, and multigenerational family healing
- Lead 16 weekly groups
- Conduct individual, couple, family, and network therapy, as well as family interventions and clinical supervision
- o Co-lead group and family intensives with action methods and depth processing
- o Affiliated with Working Sobriety Addiction and Trauma Recovery Center, Chicago, IL

SunCloud Health Integrated Outpatient and Residential Treatment Center

Chicago and Northbrook, IL

2016 - Present

Senior Clinical and Organizational Advisor

- Lead Clinical Supervision groups for interdisciplinary teams, supervise Clinical Director, and provide clinical and organizational oversight for clinical operations
- O Develop clinical programming initiatives in cooperation with Program Development, Leadership, and interdisciplinary teams
- Spearhead with the CEO and BBIPOC organizational consultant a process for transforming SunCloud into an antiracist multicultural organization
- Provide case consultation at clinical staffings
- Direct a 12-week experiential Clinical Leadership Institute to develop talent across all sites
- o Formerly led three trauma-focused process groups and a creative writing groups in the Partial Hospitalization and Intensive Outpatient programs

$\textbf{Timberline Knolls Residential Treatment Center}, \ Lemont, \ IL$

2008 - 2013

<u>Clinical Director</u>

- Directed teams of therapists, addictions specialists, eating disorders specialists, discharge planners, and support staff
- Conducted intensive individual, family, and group psychotherapy with women and adolescents with substance use disorders, eating disorders, trauma, and self-injury histories, as well as a range of psychiatric disorders
- Facilitated six weekly process groups and two trauma-based Empowerment groups
- Co-led weekly Multifamily groups
- Conducted weekly Clinical Supervision groups for interdisciplinary teams on four lodges
- Supervised two PsyD postdoctoral clinicians for licensure

The Women's Treatment Center, Chicago, IL

2006 - 2007

<u>Unit Supervisor (Post-Doctoral position)</u>

o Directed addictions treatment unit for women and children in program serving communities of color

- Supervised program staff
- o Facilitated six psychotherapy and psychoeducational groups per week
- Conducted intensive individual and family psychotherapy
- Assisted parenting staff serving children in treatment
- o Supervised five PsyD practicum students in group and individually
- Led a Clinical Supervision groups for Pre-Doctoral interns

All Saints Health Care System, Racine, WI

2005 - 2006

Pre-Doctoral Psychology Internship - Forensic

- o Conducted therapy for a community mental health center, supervised by hospital psychologist
- o Provided crisis intervention, individual psychotherapy, suicide risk assessments, and psychological evaluations in a city jail.

Heartland Alliance for Human Needs and Human Rights, Chicago, IL

1998 - 2005

Supervising Clinician / Addictions Specialist

- Supervised a City of Chicago-funded program providing group and individual psychotherapy, crisis intervention, and emergency services to homeless people and other resource deprived populations
- Provided agency-wide clinical oversight and training on addiction, mental health, and trauma
- Led Clinical Supervision groups and care coordination with program staff

Chicago VA Health Care System - West Side, Chicago, IL

2002 - 2003

Psychotherapy Practicum Extern

- O Provided individual and group psychotherapy to addicted and dually diagnosed men and women on an acute psychiatric unit and in a psychosocial rehabilitation program
- Worked intensively with patients with PTSD

St. Ailbe School, Chicago, IL

2001 - 2002

Assessment Practicum Extern

- Conducted psychological testing as well as individual, group, and play therapy in an elementary school setting.
- Provided consultation to teachers on behavioral issues and academic challenges

Inner Arts Counseling Service, Chicago, IL

1996 - 1998

Clinical Supervisor / Therapist

- Provided clinical supervision to therapists and student interns conducting individual and family psychotherapy with parents and children referred by the Department of Children and Family Services (DCFS), as well as private pay clients
- o Carried caseload for individual and family therapy
- Conducted substance abuse and forensic assessments
- Led two weekly psychotherapy groups

Cathedral Shelter Higgins Halfway House, Chicago, IL

1994 - 1996

Addictions Therapist

- Conducted intake, assessment, and intensive individual psychotherapy with men in a facility on Chicago's Near West side serving multicultural populations
- o Worked with residents for up to 15 months in halfway house and three-quarter-way house
- Facilitated process and psychoeducational groups and chaired house meetings

- o Conducted in-depth screening interviews with applicants
- o Conducted conferences with employers, parole/probation officers, DCFS workers, and families

Travelers and Immigrants Aid, Chicago, IL

1989 - 1994

(n/k/a Heartland Alliance for Human Needs and Rights)

Case Manager

- o Conducted intake, assessment, crisis intervention, and case management with addicted men and women at drop-in centers, single-room occupancy hotels, O'Hare Airport, and in parts and on streets
- Facilitated process and psychoeducational groups, conducted psychosocial assessments, and ran film discussion groups
- Organized street and van outreach programs, set up speakers' bureaus, worked on job development, and placement program, and planned cultural events

Victory Memorial Hospital, Waukegan, IL

1992 - 1993

<u>Inpatient Substance Abuse Counselor Intern</u>

- o Conducted individual, group, and family therapy
- Completed clinical intakes and drug-alcohol assessments
- Lectured to patients on addiction and recovery issues

Chicago Coalition for the Homeless, Chicago, IL

1988 - 1989

Public Education Coordinator / Community Organizer

- Coordinated information about issues related to social welfare, poverty, and homelessness
- Conducted community outreach and empowerment efforts
- Worked with team to organize demonstrations and marches on City Hall and state and federal agencies to advocate for resources for the homeless
- o Met with shelter and agency staff to develop housing initiatives

Racine Journal Times, Racine, WI

1984 - 1987

Reporter

- Covered human services, police, social welfare agencies, urban issues, and diversity issues as well as county government
- Won awards for coverage of courts and juvenile delinquency

Evanston Review, Evanston, IL

1981 - 1984

Reporter

- Covered police and courts, black community issues, race relations, youth, and street gangs, as well as housing, economic development, and zoning
- Won awards for police and street gang coverage, including a First Place Illinois Press Association Award for spot news

Pioneer Newspapers, Lake County, IL

1980 - 1981

Reporter

 Covered Lake County government, courts, and jail, as well as human services and Mexican migrant issues

Oak Leaves, Oak Park, IL

1977 - 1980

- o Covered city beat, human services, police, and minority issues
- o Researched the implications of Oak Park's "integration maintenance" efforts on housing opportunities for People of Colors

PRESENTATIONS

- Nickow, M., & Whitlock, J. (2022, April 23). Assaults on the psyche and soul: Unpacking multigenerational legacies of trauma while treating addictions." [Virtual Spring Workshop Series] Haymarket Center. Chicago, IL
- Nickow, M., Katsnelson, N., Friedman, S., & Kaplan, R. (2022, March 5). A tale of two cities: Chaos, despair, burnout, fall-out...and hope: Pandemic response narratives from New York and Chicago. [virtual open session]. Annual meeting of the American Group Psychotherapy Association, New York, NY.
- Nickow, M. (2022, March 1-2). Process group experience for intermediate-level group psychotherapists [Two-day institute]. Annual meeting of the American Group Psychotherapy Association, New York, NY.
- Nickow, M., & Whitlock, J. (2021, November 20). Liberating our patients and ourselves: A decolonizing approach to treating addiction and historical trauma. Annual conference of the Eastern Group Psychotherapy Society. Maywood, NJ.
- Nickow, M., & Whitlock, J. (2021, November 6). Liberating our patients and ourselves: A decolonizing approach to treating addiction, trauma, and historical trauma. [virtual half-day workshop] Haymarket Center. Chicago, IL
- Nickow, M. (2021, June 9). Transcendent warriors: Portraits of survival, transformation, redemption. [Two-hour training for clinical and support staff]. Haymarket Center. Chicago, IL.
- Nickow, M. (2021, May 16). From the backstreets to the high road: Portraits of trauma healing in group [virtual]. Great Lakes Group Psychotherapy Society's Great Lake Symposium Series. Chicago, IL.
- Nickow, M. (2021, May 12). Assaults on the psyche and soul: Unpacking history: Healing wounds of oppression. [Two-hour training for clinical and support staff]. Haymarket Center. Chicago, IL.
- Nickow, M. (2021, April 21). Ghosts of the past: Uncovering trauma and intergenerational trauma. [Two-hour training for clinical and support staff]. Haymarket Center. Chicago, IL.
- Nickow, M. (2021, April 21). Group: Prioritizing mental health in the legal profession: [virtual]. Coalition of Women's Initiatives in Law, New York Chapter, New York, NY. With Christie Tate, author of Group: How one therapist and a circle of strangers saved my life.
- Nickow, M. (2021, February 10 and March 3 & 10). Healing trauma and systemic oppression while attending to our own hearts and psyches. [Workshop Series on trauma (developmental, complex, historical, intergenerational) for clinical and support staff]. Haymarket Center. Chicago, IL.
- Nickow, M., & Whitlock, J. (2021, March). Groups as Cultures of Resilience: A psychodynamically

- oriented decolonizing approach to treating addictions and trauma. [Full day virtual workshop]. Annual Meeting of the American Group Psychotherapy Association. New York, NY.
- Nickow, M., Katsnelson, N., Friedman, S., & Kaplan, R. (2021, February 26). A tale of two cities: Pandemic response narratives from New York and Chicago: [virtual open session]. Annual Meeting of the American Group Psychotherapy Association. New York, NY.
- Nickow, M., & Yoder, A. (2021, January 13, 20, 27). Focus group series on antiracist clinical practice for white clinicians: [virtual]. Systemic Racism and Organizational Transformation Initiative of the Diversity, Equity, and Inclusion Task of the American Group Psychotherapy Association. New York, NY.
- Nickow, M., & Straus, B. (2020, October 24). Groups as cultures of resilience: A revolutionary treatment approach for addiction, trauma, and mental health. [Fall Workshop Series]. Haymarket Center. Chicago, IL.
- Nickow, M., & Dennis, K. (2020, August 7). Land mines and booby traps: Navigating reenactments in treating patients with trauma. [virtual]. SunCloud Health Integrated Outpatient and Residential Treatment Center. [Educational Series]. Chicago, IL.
- Nickow, M. (2020, June 9, 11, 12, 23, 25, 26). Addictions treatment in the era of COVID-19: Impact of the pandemic on clients, clinicians, and support teams. [Support Groups for staff]. Haymarket Center. Chicago, IL.
- Nickow, M. (2020, February 27). Groups as cultures of resilience: A psychodynamically oriented treatment approach for addiction and trauma. [Full day workshop]. Annual meeting of the American Group Psychotherapy Association. New York, NY.
- Nickow, M., & Dennis, K. (2019, November 7). Land mines and booby traps: Navigating reenactments in treating patients with trauma. [Educational Series]. SunCloud Health Integrated Outpatient and Residential Treatment Center, Weinberg Newton Art Gallery. Chicago, IL.
- Nickow, M., & Schwartz, D. (2019). You can see me lost, you can see me found: Addiction, trauma and resilience. [Half-day Workshop]. Annual Meeting of the American Group Psychotherapy Association. Los Angeles, CA.
- Nickow, M., Korshak, S., & Straus, B. (2019). Alcohol, drugs, gambling, lusting, intrigue, eating, rage, and more: A cutting-edge model of addiction treatment. [Full-day course]. Annual Meeting of the American Group Psychotherapy Association. Los Angeles, CA.
- Nickow, M., & Schwartz, D. (2018). Addiction and recovery: Groups as cultures of resilience. [Two-day Institute]. Annual Meeting of the American Group Psychotherapy Association. Houston, TX
- Nickow, M., Korshak, S., & Straus, B. (2018). Process addictions for the group psychotherapist: From isolation to connection. [Full-day course]. Annual Meeting of the American Group Psychotherapy Association. Houston, TX.
- Nickow, M., & Schwartz, D. (2017, October). Addiction and recovery: Groups as cultures of resilience.

- [Half-day workshop]. Annual Meeting of the Canadian Group Psychotherapy Association. Halifax, Nova Scotia.
- Nickow, M., & Schwartz, D. (2017). Groups as cultures of resilience: A psychodynamic addiction treatment model. [Half-day Workshop]. Annual Meeting of the American Group Psychotherapy Association. New York, NY.
- Nickow, M., Korshak, S., & Straus, B. (2017). Process addictions for the group psychotherapist: From isolation to connection. [Full-day course]. Annual Meeting of the American Group Psychotherapy Association. New York, NY.
- Nickow, M., & Schwartz, D. (2016). Sex, drugs, food, and money: A long-term group treatment model for addiction. [Half-day workshop]. Annual Meeting of the American Group Psychotherapy Association. New York, NY.
- Nickow, M., Korshak, S., & Straus, B. (2016). From isolation to connection: Process addictions for the group psychotherapist. [Full-day course]. Annual Meeting of the American Group Psychotherapy Association. New York, NY.
- Nickow, M., & Rice, K. (September 2016). Back to the future: Learning for leadership in the 21st century innovation, adaptation, and application in group relations work. A.K. Rice Institute for the Study of Social Systems. AKRI Dialogues 3. Cenacle Retreat and Conference Center. Chicago, IL.
- Nickow, M. (2016, April). Screams, scars, secrets, shame: Treating addiction and underlying trauma. [Two-day institute]. Illinois Group Psychotherapy Society Spring Conference. Schaumburg, IL.
- Nickow, M., & Schwartz, D. (2015, September). Love, lies, secrets, shame: Healing addictions, eating disorders and trauma spanning the generations. [Half-day workshop]. International Association of Group Psychotherapy and Group Processes Congress. Rovinj, Croatia.
- Nickow, M., & Schwartz, D. (2015, February). Love, lies, secrets, shame: Healing addictions, eating disorders and trauma spanning the generations. [Half-day workshop]. Annual Meeting of the American Group Psychotherapy Association. San Francisco, CA.
- Nickow, M., Korshak, S., & Straus, B. (2015, February). Process addictions for the group psychotherapist: From isolation to attachment. [Full-day course]. American Group Psychotherapy Association. San Francisco, CA.
- Nickow, M., & Schwartz, D. (2014, March). A drug called food, an obsession called exercise:

 Psychotherapy groups for men and women with eating and body image issues. [Half-day workshop]. Annual Meeting of the American Group Psychotherapy Association. Boston, MA.
- Nickow, M., Korshak, S., & Straus, B. (2014, March). Introduction to process addictions for the group therapist. [Full-day course]. Annual Meeting of the American Group Psychotherapy Association. Boston, MA.
- Nickow, M. (2014, March). A toxic triad: Identifying and treating co-occurring eating disorders,

- substance abuse and underlying trauma. [Workshop with demonstration group). National Association of Anorexia Nervosa and Associated Disorders (ANAD), New York, NY.
- Nickow, M., & Dennis, K. (2014, February). Co-occurring disorders: When eating disorders and substance abuse collide. [Luncheon presentation]. National Association of Anorexia Nervosa and Associated Disorders (ANAD). Chicago, IL.
- Nickow, M (2013, October). Intimacy, intensity, intrigue: Process addictions in the eating-disordered population. [Workshop with demonstration group]. Atlanta Summit on Mindfulness, Trauma and Process Addictions. Atlanta, GA.
- Nickow, M. (2013, October). From ruptured bonds to healing connections: Group work for trauma survivors and healers. [Workshop with demonstration group]. 4th Western Conference on Behavioral Health and Addictive Disorders. Newport Beach, CA.
- Nickow, M. (2013, October). Co-occurring disorders when eating disorders and substance abuse collide: Group work for healing ruptured bonds. {Workshop with demonstration group]. 3rd Annual Lifestyle Intervention National Conference. Las Vegas, NV.
- Nickow, M. (2013, May). From ruptured bonds to healing connections: Group work for trauma survivors and healers. [Workshop with demonstration group]. U.S. Journal 26th Annual Northwest Conference on Behavioral Health and Addictive Disorders. Seattle, WA.
- Nickow, M., & Rook, R. (2013, April). *Intimacy, intensity, intrigue: Process addictions in the eating-disordered population*. [Workshop with demonstration group]. 1st International Conference on Sex and Love Addiction. Brooklyn, NY.
- Nickow, M., & Schwartz, D. (2013, February). A substance called food: Group psychotherapy for eating disorders. [Half-day workshop]. American Group Psychotherapy Association. New Orleans, LA.
- Nickow, M. (2012, September). How underlying trauma reveals itself in addiction and eating disorders: Group therapy for survivors and healers. [Workshop with demonstration group]. International Association of Eating Disorders Professionals (IAEDP). Scottsdale, AZ.
- Nickow, M. (2012, September). Ruptured bonds of trauma and addiction: Group work for sufferers and healers. [Workshop with demonstration group]. Atlanta Summit for Clinical Excellence, Mindfulness, Trauma, and Process Addictions. Atlanta, GA.
- Nickow, M. (2012, September). Ruptured bonds of trauma and addiction: Group work for sufferers and healers. [Workshop with demonstration group]. Cape Cod Symposium on Addictive Disorders. Hyannis, MA.
- Nickow, M. (2012, June). How underlying trauma reveals itself in addiction and eating disorders: Group therapy for survivors and healers. [Workshop with demonstration group]. National Association of Social Workers (NASW), New York City Chapter, 44th Annual Addictions Institute. Brooklyn, NY.
- Nickow, M. (2012, June). *Trauma and addiction: The link that binds*. [Workshop with demonstration Group]. West Coast Symposium on Addictive Disorders. LaQuinta, CA.

- Nickow, M. (2012, April). Group therapy for adolescents and young adults. [Workshop with demonstration Group]. Lifestyle Intervention Conference. Las Vegas, NV.
- Nickow, M. (2012, February). How underlying trauma reveals itself in eating disorders: Group therapy for survivors and healers. [Workshop with demonstration group]. International Association of Eating Disorder Professionals (IAEDP). Dallas, TX.
- Nickow, M. (2012). *Trauma and addiction: The link that binds*. [Workshop with demonstration group]. Cedar Springs Austin Conference. Houston, TX.
- Nickow, M., (2011, November). Ruptured bonds of trauma and addiction: Group work for sufferers and healers illuminating, empowering, liberating. [Workshop with demonstration group]. National Trauma and Addictive Disorders Conference. Delray Beach, FL.
- Nickow, M. (2011, October). Ruptured bonds of trauma and addiction: Group work for sufferers and healers illuminating, empowering, liberating. [Workshop with demonstration group]. Presented to a consortium of professionals in Highland Park, IL.
- Nickow, M. (2011, July). Ruptured bonds of trauma and addiction: Group work for sufferers and healers. [Workshop with demonstration group]. West Coast Symposium on Addiction Disorders. Santa Barbara, CA.
- Nickow, M. (2011, April). *Personal and professional growth*. [Two-day Institute for doctoral students]. Chicago School of Professional Psychology. Chicago, IL.
- Nickow, M., & Schwartz, D. (2010). The healing wounded healer: Trauma, recovery, transformation. [Half-day workshop]. American Group Psychotherapy Association, San Diego, CA.
- Nickow, M., & Schwartz, D. (2009, September). The healing wounded healer: Trauma, recovery, transformation. [Half-day workshop]. Annual Meeting of the Canadian Group Psychotherapy Association. Toronto, Ontario.
- **Nickow, M**., & Fariss, S. (2009). *Carl Jung and the history of AA*. [Half-day open session with Demonstration Group]. American Group Psychotherapy Association. Chicago, IL.
- **Nickow, M.**, & Fariss, S. (2008). *Carl Jung and the history of AA*. [Half-day workshop with demonstration group]. Illinois Group Psychotherapy Society Spring Conference. Chicago, IL.

SERVICE TO PROFESSIONAL ORGANIZATIONS

- International Society for Traumatic Stress Studies (ISTSS): Chair, Special Interest Group on Intergenerational Transmission of Trauma and Resilience 2017 to present.
- American Group Psychotherapy Association (AGPA): member of a multiracial team of experts convened by the Science to Service Tasks Force to rewrite the Group Psychotherapy Practice Guidelines of

2007, directly addressing racialized trauma; racialized aggressions; systemic racism and oppression; issues of intersectionality, equity, and inclusivity; and multicultural issues - May 2021 to present.

- American Group Psychotherapy Association, Group Foundation for Advancing Mental Health: Board Member 2019 to 2021.
- A.K. Rice Institute for the Study of Social Systems (AKRI): member, Reparations Committee May 2021 to present.
- American Group Psychotherapy Association, Anitracist Clinical Practice for White Clinicians Focus Group Series, convened by the Diversity, Equity, and Inclusion Task Force January 2021.
- Serenity Academy Chicago: Founding Board Member / Treasurer 2016 to 2019.
- Chicago Center for the Study of Groups and Organizations (CCSGO): Board Member 2009 to 2012; Co-Chair, Program and Training Committee 2008 to 2010.
- Great Lakes Group Psychotherapy Society (GLGPS), formerly Illinois Group Psychotherapy Society (IGPS): Member 1998 to Present; Board Member 2008 to 2011; Co-Chair, Program and Training Committee 2009 to 2011; Co-Chair, Newsletter Committee 2006 to 2008.
- American Group Psychotherapy Association: Co-Chair 2009 Annual Meeting Program Subcommittee; Member, Annual Meeting Local Task Force; Member, Annual Meeting Marketing Subcommittee 2008 to 2009.

OTHER PROFESSIONAL AFFILIATIONS

- Eastern Group Psychotherapy Association (EGPS) and EGPS Work Group for Racial Equality
- o Canadian Group Psychotherapy Association
- o American Sociological Association
- o International Association of Group Psychotherapy and Group Processes (IAGP)
- o American Society of Group Psychotherapy and Psychodrama (ASGPP)
- o American Psychological Association
- o The Association of Black Psychologists
- o Illinois Alcohol and Other Drug Abuse Professional Certification Association (IAODAPCA)

TEACHING/FACULTY EXPERIENCE

The Chicago School of Professional Psychology, Chicago, IL

2006 - 2011

<u>Affiliate/Adjunct Faculty - Psy.D. Clinical Psychology Program</u>

Adjunct Faculty, M.A. Forensic Psychology program

Psy.D. courses taught

- o Substance Abuse (Fall 2006, 2007, 2008)
- o Trauma Therapy (Spring 2007, 2008, 2009)
- Group Psychotherapy including lab/demonstration groups (Summer 2007, 2008, 2009; Spring 2011)

- o Diversity I (Fall 2007, 2008, 2009)
- o Diversity II (Spring 2008., 2009, 2010
- o Therapy Practicum Seminar (Spring 2008)
- o Professional Development (Fall 2008)
- o Proposal Development (Fall 2008)
- Dissertation Proposal Development (2008)

Forensic courses taught

- Substance Abuse Evaluation and Treatment (Fall 2006)
- o Group Processes of Therapy including lab/demonstration groups (Fall 2007, 2008)
- o Socio-Cultural Issues (Spring 2008)
- Advanced Socio-Cultural Issues (Spring 2008)
- o Independent Study (Spring 2008)
- o Diversity Issues (Summer 2008)
- Social Psychology of Aggression (Spring 2009)

CLINICAL SUPERVISION GROUP PARTICIPATION

Undoing Racism Consultation bi-weekly group with Dr. Willard W.C. Ashley, January 2021 to present

Undoing Racism Consultation weekly group with Dr. Willard W.C. Ashley, August to December 2020

International Consultation weekly group with Dr. Richard Billow, PhD, ABPP, CGP, October 2018 to present

Clinical Supervision weekly group with Dr. Jeffrey Roth, MD, FAGPA, 2012 to present

Professionals weekly group with Dr. Jeffrey Roth, 2000 to 2012

Experiential 12-week group for Master training with Dr. Robert Lipgar, PhD, ABPP, CGP, LFAGPA, Clinical and Organizational Psychologist, 1999 and 2000

Clinical Supervision monthly group with Dr. Robert Lipgar at Cathedral Shelter Higgins Halfway House, 1994 to 1996

COMMUNITY ORGANIZING / ANTIRACISM TRAINING

Undoing Racism Empowerment bi-weekly group with Dr. Willard A.C. Ashley, January 2021 to present

Undoing Racism / Community Organizing Workshop, People's Institute for Survival and Beyond. [Virtual]. New Orleans, LA. September 10-12, 2021.

Soul work: Racial hurt, hope, and healing. [Virtual]. Eikenberg Academy for Social Justice. New York, NY. June 25-26, 2021.

Strange Fruit: The poetry of hatred: A conference in the group relations tradition. [Virtual]. A.K. Rice Institute for the study of social systems. June 11-13, 2021.

White supremacy, systemic racism, fascism, and power: An experiential learning event virtual group.

- [Virtual]. Washington Baltimore Center / A. K. Rice Institute for the Study of Social Systems. May 13-16, 2021.
- Undoing Racism / Community Organizing Workshop. [Virtual]. People's Institute for Survival and Beyond. New Orleans, LA. April 11-13, 2021.
- Undoing Racism / Community Organizing Workshop. [Virtual]. People's Institute for Survival and Beyond. New Jersey. February 19-21, 2021.
- Undoing Racism / Community Organizing Workshop. [Virtual]. People's Institute for Survival and Beyond. New Orleans, LA. January 29-31, 2021.
- Introduction to Systemic Racism. [Virtual]. Crossroads Antiracism Organizing and Training. Vineburg, CA. September 23, 2020.

GROUP RELATIONS EXPERIENCE (A.K. RICE/TAVISTOCK TRADITION)

- o Small Group Consultant at Northwestern University undergraduate conference; Evanston, IL 2009.
- o Large Group Consultant at Argosy University conferences; Chicago, IL 2008, 2009
- Small Group Consultant at psychiatry residents' conference at Rosalind Franklin University of Medicine and Science in North Chicago, IL 2008
- Administrative Staff at psychiatry residents' weekend conferences at Rosalind Franklin University of Medicine and Science, 2005, 2013
- o Large Group Consultant weekend training program in Chicago, 2008
- Small Group Consultant weekend training program in Chicago, 2005, 2006
- o Group Relations Consultant training at Northwestern University, Evanston, IL, 2006, 2007
- Group Relations Consultant training during two week-long national conferences in Chicago, early 2000's.